



Homemade Raw Cat Food

HERE'S WHAT YOU NEED.

MEAT:

2 kg or 4.5 lbs bone-in chicken thighs, with 20-25% of the bone removed OR 4 lbs or 1.3 kg boneless dark poultry meat, ½ of the skin removed

200 g or 7 oz raw chicken liver

400 g or 14 oz raw chicken hearts

SUPPLEMENT SLURRY:

.24 liter or 8 oz water

4 raw egg yolks

2000 mg taurine

4000 mg salmon oil

200 mg vitamin B complex

200 IU vitamin E

8.4 g or 1 ½ tsp lite salt

IF USING BONELESS MEAT, ADD TO THE

SUPPLEMENT SLURRY:

2 ¼ tsp eggshell powder

2 ¼ tsp gelatin

HERE'S HOW YOU DO IT.

1. Weigh, count, and measure your ingredients. We recommend a sharp knife, a massive cutting board, and a digital food scale.

2. Use a sharp knife to chop about a quarter of the muscle meat into chunks. These give your cat something to chew on and promotes good oral health. If your cat has bad teeth or isn't into chunks, skip this step.

3. Grind the rest of the muscle meat with the organs. Unless you have a very high-powered blender, use a grinder to break down the bones. Those preparing a boneless interpretation of the recipe can use a food processor or blender to break the meat down to a soft, mixable grind.

4. Whisk the vitamins, egg yolks, and water together in a medium-sized bowl. Save the eggshells to make eggshell powder for your next batch!

5. If you're using boneless meat, this is where you'd mix in the eggshell powder and gelatin. If you're grinding in the bones, just use taurine, fish oil, vitamin E, B-complex, and lite salt.

6. Mix everything together in the biggest mixing bowl you own.

7. Transfer the food into your storage containers. Place all but a day's supply in your freezer.

And you're done! This recipe makes about a two-week supply for one cat, so double it for less prep time each month.

Adapted by Wildernesscat from the Feline Nutrition Foundation's "Easy Raw Cat Food" recipe.